



**Trip Medical Information--Please be specific.**  
**(To be kept with trip leader.)**

Registrant's Name \_\_\_\_\_

Name of Nearest Relative \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Is the participant his or her own Guardian? \_\_\_Yes\_\_\_No Cell number(\_\_\_\_) \_\_\_\_\_

If "No," then who? \_\_\_\_\_

Relationship to participant \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Group Home Name \_\_\_\_\_

GH Contact Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Emergency Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Are you going on vacation while your child/sibling/ward is on this trip? \_\_\_ Yes \_\_\_ No

If marked "Yes," indicate a phone number where you can be reached. Phone (\_\_\_\_) \_\_\_\_\_

Primary Doctor \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Medical Insurance Policy: Company name \_\_\_\_\_ Policy # \_\_\_\_\_

**ALLERGIES**

Does the participant have any know allergies? \_\_\_\_\_ Yes \_\_\_\_\_ No

Please check all that apply: \_\_\_\_\_ Animals \_\_\_\_\_ Bee Stings \_\_\_\_\_ Bug Bites

\_\_\_\_\_ Chlorine \_\_\_\_\_ Dust \_\_\_\_\_ Hay Fever \_\_\_\_\_ Pollen

\_\_\_\_\_ Medications \_\_\_\_\_

\_\_\_\_\_ Other \_\_\_\_\_

**BEHAVIOR MANAGEMENT**

Does the participant act out? \_\_\_\_\_ Yes \_\_\_\_\_ No Please explain: \_\_\_\_\_

What type of behavior management/calming techniques work best? \_\_\_\_\_

Is there anything specific that will upset the participant? \_\_\_\_\_

**M-NASR reserves the right to deny a participant the privilege to participate in the next trip if behavior is unacceptable. Please read the "Behavior Code of Conduct" in the Brochure.**

**DIETARY NEEDS**

Does the participant have a special diet or dietary restrictions? \_\_\_\_\_ Yes \_\_\_\_\_ No

Please explain: \_\_\_\_\_

Does the participant need assistance eating? \_\_\_\_\_ Yes \_\_\_\_\_ No Explain: \_\_\_\_\_

Do you usually eat (check if "Yes"): \_\_\_\_\_ Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_ Dinner

**OTHER INFORMATION**

What time does the participant usually go to bed? \_\_\_\_\_ Get up in the morning? \_\_\_\_\_

How long does it take the participant to get ready? \_\_\_\_\_

How much supervision does the participant need during activities? \_\_\_\_\_

**SEIZURE**

Is the participant subject to seizures? \_\_\_\_\_ Yes \_\_\_\_\_ No

Noticeable signs of oncoming seizures: \_\_\_\_\_

How long do the seizures usually last? \_\_\_\_\_

**MEDICAL**

Please circle medical conditions: PKU/Atlanto Axial Instability/Shunt /Catheter /Colostomy Bag

Assistive Devices used: \_\_\_\_\_Glasses/Contacts \_\_\_\_\_Hearing Aid \_\_\_\_\_Prosthesis  
\_\_\_\_\_Other \_\_\_\_\_

Any major accidents/injuries or hospitalizations in the past year? \_\_\_\_\_ Yes \_\_\_\_\_ No

Please explain if "Yes" and Doctor's restrictions: \_\_\_\_\_

Does the participant have any phobias/fears (i.e., fear of dogs, heights, water, confinement, etc.)  
\_\_\_\_\_ Yes \_\_\_\_\_ No Please describe \_\_\_\_\_

Are there any other physical or medical conditions that the staff should know about? Please explain  
\_\_\_\_\_

Will the participant be taking medication while on this trip? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does the participant self-medicate? \_\_\_\_\_ Yes \_\_\_\_\_ No

**Please list below any medication the participant is currently taking.**

NAME OF MEDICATION	DOSAGE	SIDE EFFECTS

**Does M-NASR staff have permission to distribute:**

**Pain reliever?** \_\_\_\_\_ Yes \_\_\_\_\_ No **Type** \_\_\_\_\_

**Motion-sickness medication?** \_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_  
**Legal Guardian's Signature**

\_\_\_\_\_  
**Date**