



**MAINE-NILES
ASSOCIATION OF
SPECIAL RECREATION**

*Join us as we transform life's
challenges into opportunities!*



2013 ANNUAL REPORT

**Des Plaines Park District ~ Golf-Maine Park District
Morton Grove Park District ~ Niles Park District
Park Ridge Park District ~ Skokie Park District
Village of Lincolnwood Parks & Recreation**

Message from our Executive Director

Dear Families and Friends,

The Maine-Niles Association of Special Recreation is proud to present our 2013 Annual Report. This report is an important communication tool that helps us detail the many facets of our Agency. M-NASR is a cooperative endeavor which consists of six park districts and one village recreation department. The Des Plaines Park District, Golf-Maine Park District, Morton Grove Park District, Niles Park District, Park Ridge Park District, Skokie Park District, and the Village of Lincolnwood Parks and Recreation Department comprise the member districts of M-NASR. M-NASR's member districts truly care about their residents with disabilities. As a member district, residents with disabilities can be assured that recreational opportunities for all are available through their special recreation association.

The Annual Report is an excellent opportunity to not only recognize services, but other programmatic challenges that present as we make our way through the year. Please take a moment to review our Annual Report and learn first hand about the intricacies of providing these programs, the "Fast Facts" about our services and the many contributors who help make it happen.

Businesses, foundations and individuals have provided financial support throughout the course of our fiscal year. This financial support helps fund our transportation services, scholarship program and additional equipment and program supplies. We recognize and appreciate all of our supporters and are truly grateful.

We have a great group of staff and volunteers at M-NASR. These groups of individuals continue to provide quality care to our participants. With passion and compassion, staff and volunteers demonstrate to participants the commitment we have at M-NASR to provide safe, quality, Therapeutic Recreation programs.

Please take a moment to review our Annual Report. We look forward to continuing to provide quality Therapeutic Recreation programs. On behalf of the M-NASR board and staff, thank you for your support.

Respectfully,



Suzanne M. Bear

Administrative Staff

Suzanne BearExecutive Director
Jennifer Gebeck, CTRS....Superintendent of Rec.
Jean Gross, CPABusiness Manager
Stella LiPomi Liponi Liaison
Mary Ann MinelliFront Office Assistant
Judy Ruemmele.....Development Officer
Barbara SaundersPublic Info. Manager
Claudia Werner..... Registrar/Admin. Assistant

Recreation Staff

Kelly Damron..... Senior Operations Manager
Tracy Gillingham, CTRS Inclusion Manager
Kristine Kuester, CTRS Support Staff Manager
Lauren Ruiz, CTRS..... Program Manager
Olivia Antosz Recreation Specialist
Stephen Cozzi Recreation Specialist
Kevin Medema..... Recreation Specialist



Our Mission

The Maine-Niles Association of Special Recreation is dedicated to improving the quality of life and, through advocacy and awareness, promoting a successful leisure lifestyle for individuals with disabilities.

M-NASR's Board of Directors

Tom Elenz, President *Niles Park District*
 Gayle Mountcastle, Vice President *Park Ridge Park District*
 John Hecker, Treasurer *Des Plaines Park District*
 John Ohrlund, Vice President *Skokie Park District*
 Tracey Anderson, Treasurer *Morton Grove Park District*
 Bret Fahnstrom *Golf-Maine Park District*
 Jan Hincapie *Village of Lincolnwood
 Parks & Recreation*



M-NASR Annual Calendar of Events

M-NASR Recognition Night May
 End-of-the-Summer Celebration
 for Participants August
 M-NASR Annual Appeal December

Calendar of Events for Supporters of M-NASR

Liponi Foundation Dinner Dance March
 Morton Grove Foundation "Taste" March
 Liponi Annual Miniature Golf Outing August
 Knights of Columbus
 Tootsie Roll Campaign..... October
 Park Ridge Community Fund
 "It's a Wonderful Life"..... December
 Optimist Club Holiday Tree Sale..... December

*Volunteer...
 to lighten
 our load*

*Participate...
 so we can all
 have fun!!*

*Sponsor...
 to help cover
 our costs*



2013 FAST FACTS

# M-NASR Registrants (duplicated)	4,758
# People Served (unduplicated)	1,127
# Programs for Youth/Teen	63
# Youth Summer Day Camps	5
# Youth/Teen Special Events.....	20
# Programs for Adults with Intellectual Disabilities.....	86
# Special Events for Adults with Intellectual Disabilities	45
# Programs for Adults with Physical Disabilities	53
# Special Events for Adults with Physical Disabilities	19
# Special Events for all Residents.....	15

No public transportation provider meets the unique needs of many M-NASR participants, so we provide an accessible transportation service. One-third of our registrants routinely rely on the service, which is heavily subsidized with donations.

Total one-way rides22,150

Donations allow us to give helpful financial aid to those living on extremely low incomes.

Registrations given financial aid.....633

Total amount given in financial aid.....\$40,423

We help people with disabilities participate in traditional recreation programs.

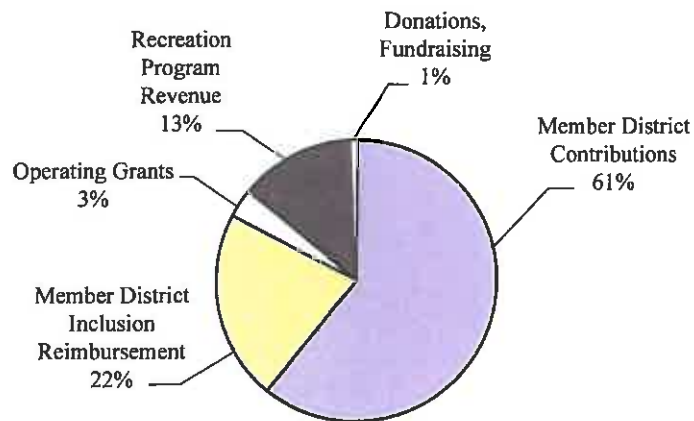
Total (unduplicated) participants receiving Inclusion services....222

Total Inclusion registrations.....932

Total (duplicated) Inclusion Companions required.....313



Revenue by Source - Business Type Activities



Participant Spotlights

It's Saturday, and the excitement is building in Kayla's household...Kids' Swim is on the agenda! However, we could say the same thing about other days of the week because Kayla participates in Special Olympics Young Athletes and Dance Stars, just to name a few M-NASR programs. Her mom says that she has shown so much growth and independence since becoming involved with M-NASR several years ago. "She was often the weaker link in typical program settings, but at M-NASR programs she is generally a leader and even offers encouragement and compassion to other participants. With your programs and the dedication of the staff, she can move at a pace that she can truly enjoy and feel successful," her mom proudly states. Taking her daughter to the programs also offers Kayla's mom the opportunity to meet other participants' parents which provides friendships with people in similar situations and even offers resources that she may not have known existed. In addition to participating in M-NASR's programs, Kayla uses Inclusion services which help her enjoy traditional Park District summer camp programs with some assistance from M-NASR's Inclusion Companions. From the look of joy on her face, it's obvious that Kayla loves being at M-NASR programs! We look forward to sharing that joy with her for years to come.



The year was 1972, and M-NASR was created to offer Therapeutic Recreation programs for individuals with disabilities. Kevin, then a seven-year old boy, was one of the first participants to jump on board and enroll in our programs. Fast forward to 2014, and you will still see Kevin at many of our current activities. He has been a consistent member of the M-NASR family since its inception! Needless to say, he has done a lot of growing over the years, and his interests went from summer day camps and other children's programs to our current offerings of P/VI vacation trips, Low Impact Aerobics, social group outings, as well as many others. Kevin says, "M-NASR's staff is great, and they offer lots of fantastic programs that I enjoy. I remember going on a zip line for the very first time when we took a trip to Timber Point! That was really memorable." Yes, Kevin keeps busy with M-NASR programs, but he also makes time to volunteer at Mather Pavillion. Still not busy enough, he works at Shore Training Center in the Assembly and Packaging department. No matter how busy he is, though, he always makes time to be part of M-NASR, and we welcome his smiling face and sense of humor at our programs.



"When he sees the M-NASR van pulling up, Zach gets so excited and can hardly wait to climb aboard. He knows that he's going to have a great time wherever they go," says his mom. Zach has been involved with M-NASR since he was a little boy participating in our Buddy Baseball program. Since then, he has enjoyed being a part of our Special Olympic athletic programs and even won a bronze medal at our State Basketball tournament. But, that's not where Zach's fun stops. He loves to attend many of our social programs where he can enjoy a day or night out with his friends. "Without M-NASR, Zach would not have much of a social life. He gets the chance to do normal things," his mom states. In addition to his participation in M-NASR programs, Zach is very involved with Have Dreams where he is able to spend time learning important life skills. Even though he is a very busy fellow, Zach still finds a little time to watch the Three Stooges and have a few "n'yuks" with his favorite comedians. Whether it's laughs or slamsdunks, Zach always brings something unique to our programs. Thanks Zach!



M-NASR's New Inclusion Trends: Exciting Opportunities for Adults

As individuals are living longer lives, they are seeking more recreational opportunities to enhance their quality of life. M-NASR creates Therapeutic Recreation programs for individuals with disabilities to participate within their communities. These services have been available for over 40 years, yet many people are still unaware that they exist. M-NASR is excited to assist individuals of all ages and abilities, but we have recently seen a growing trend where seniors and adults with physical and visual impairments seek services at their Member Park Districts. After speaking with the Park District and M-NASR staff, these individuals are excited to learn that they can participate in those Park District programs successfully with the assistance of an Inclusion Companion. For example, M-NASR recently provided Inclusion services for an individual who is blind. This independent community member participated in a Des Plaines Water Workout program. While exercising in the pool, her service dog intently watched over her while waiting patiently on the pool deck. In order for this to be a safe and successful program, M-NASR worked closely with the participant, Park District Staff and Inclusion Companion to be sure her needs were being met at all times. In this particular program, the Inclusion Companion gave this patron verbal directions during pool exercises, assisted with navigating through the locker room, and escorted her to the scheduled Pace Bus. As more community members become aware of services like these, word will travel and the trend will continue to grow as it already has.

Inclusion Services

Inclusion services create an opportunity for people with disabilities to participate in the least restrictive environment and be included in our Member District recreation programs. Inclusion provides support and education while it addresses the abilities of people with disabilities in their chosen recreational pursuit. These programs consist primarily of preschool, before and after school programs, holiday programs, sports, fine arts and summer camps. In 2013, M-NASR helped 222 individuals to participate in 932 of their municipality's traditional recreation programs.

Member Park District 2013 Total Inclusion *Participants*

Des Plaines	26
Golf-Maine	1
Lincolnwood	12
Morton Grove	21
Niles	23
Park Ridge	31
Skokie	108
Total Participants	222

Member Park District 2013 Total Inclusion *Registrations*

Des Plaines	187
Golf-Maine	3
Lincolnwood	21
Morton Grove	77
Niles	123
Park Ridge	100
Skokie	421
Total Registrations	932

THANK YOU M-NASR CONTRIBUTORS!

Your support certainly makes our services better.

ORGANIZATIONS

2nd Chance, The Chance	Daniel F. and Ada L. Rice Foundation	Liponi Foundation
Cole Walker Foundation	Des Plaines Community Foundation	Loyal Order of Moose - Lodge 376
Academy of Movement and Dance	Des Plaines Park District	Marino Real Estate, Inc.
Allstate Giving Campaign	Joseph H. Goldberg Family Foundation	MB Financial Bank
American Legion Post #134	Golf-Maine Park District	Morton Grove Foundation
Best Bus Sales	Grainger	Morton Grove Park District
Blowitz-Ridgeway Foundation	John Crane Incorporated	Mullane Healy Godley Irish Dance Academy
BP / Morton Grove	Kiwanis Club of Des Plaines	Muslim Community Center Inc.
Bredemann Chevrolet and Toyota	Knights of Columbus Council #4338	Niles Park District
City of Des Plaines	koller&associates llc	Niles Township
Cook County Multiple Defendant Division		NorthShore University Health Systems
Costco / Niles		Optimist Club of Des Plaines
John Crane Incorporated		Optimist Club of Niles

THANK YOU M-NASR CONTRIBUTORS!

Your support certainly makes our services better.

Park Ridge Baseball and Softball
Park Ridge Community Fund
Park Ridge Park District
Renacer Boliviano Folkloric
Dance Troupe
Shure Incorporated
Signs Plus
Skokie Park District
St. Martha Senior Group
Sunshine Through Golf Foundation
Talsky Tonal Chiropractic
United Way
Village of Lincolnwood Parks
and Recreation
Village of Skokie
White Eagle Banquets and Restaurant
World Sport Chicago
Zia's Trattoria

INDIVIDUALS

Ms. Susan Aimers
Pam Alvarado
Mr. and Mrs. Mike Anderson
Ms. Olivia Antosz
Mr. and Mrs. Blaise Arena
Mr. Tom Artz
Ms. Vickie Atsaves
Ms. Dorothy Atamas
Fred and Gerry Batliner
Mrs. Diane Bauer
Sue and Paul Betts
Mr. Paul Blanke
Ms. Gina Blease
Ms. Rose Marie Bolger
Mr. and Mrs. Carl Bronder
Ms. L. Cesario
The Charles Choi Family
Ms. Frances L. Corboy
Ms. Kelly Damron
Ms. Diana Edwards
Ms. Edith Elossos
Erskine Family
Mrs. Maryann Fabbri
Mr. Bill Fabbri
Ms. P. Q. Fitzgerald
Ms. Doris France
Mr. and Mrs. Paul Gall
Ms. Jennifer Gebeck
Vince and Julie Genualdi
Mr. John Gilarski
Mr. Dan Gillespie
Ms. Tracy Gillingham
Mr. and Mrs. William Gruzynski
Mr. and Mrs. Barry Haas

Ms. Rita Hillel
Ms. Amy Hoffman
James and Denise Hopp
Mr. and Mrs. Edward C. Kadlec
Ms. Bellene Kaish
Ms. Tracy King
Rudy and Debbie Kubica
Ms. Kristine Kuester
Ms. Stella Lipomi
Mr. Gary Magnus
Ms. Faye Manaster
Paul and Jane McDonough
Mr. Kevin Medema
Mr. Bill Midwood
Miss Mary Ann Minelli
Mr. Gerry Mokosaik
Ms. Jennifer Moy Caraway
Ms. Melodi Peters
Mr. and Mrs. Arsalanugala Niazi
Ms. Ramona Nitzschke
Ms. Erin Olszewski
Ms. Felicia Przekota
Ms. Judith Rasmussen
Mr. Thomas Ratchford
Mr. and Mrs. David Rich
Ms. Mary Anne Riehl
Ms. Nadine Roy
Mr. and Mrs. Dick Ruemmele
Ms. Lauren Ruiz
Jack and Pat Ruth
Mr. and Mrs. Kevin Ryan
Ms. Vanja St. Clair
Mrs. Barbara Saunders
Mark and Kim Shapiro
Mr. and Mrs. Fred Siebert
Kathleen Slama
Heather Specht
James and Lorraine Stallone
Ms. D. J. Streff
Mrs. John D. Streff
Mr. and Mrs. Thomas Streff
Mr. Arthur Turner
Twelve's Family
Ms. Margaret Wieser
Mrs. Claudia Werner
Ms. Sybil Wijas
Mr. and Mrs. Jerome C. Wroblewski

VOLUNTEERS

Gabe Adler
Nicole Akbteebo
Kathy Arena
Tom Artz
Tim Brunning

Don Collins
Carol Damron
Bill Damron
Jaidan Damron
Katie Devita
Fran Dunne
Grace Fegert
Maddie Fegert
John Gill
Ayesha Hameed
Donna Hoffman
Richard Hoffman
Ian King
Kaitlyn Koller
Steve Koller
Jim Lange
Billy Laubach
Madeline McKelney
Robert Magee
Laura Nevrlly
Nicolette Nevrlly
Anthony Niles
Matt Olszewski
John Romano
Ellen Rosenblatt
Jack Ruth
Pat Ruth
Ernesto Ruiz
Stephanie Saunders
Kaylee Smith
James Talley
Bob Vaessen
Ashley Wassen
Johnny Williams
Diana Zoellick

VOLUNTEER GROUPS

Boccia Tournament Volunteers
Buddy Baseball 2013 Volunteers
golfTec of Des Plaines
ITRS Basketball Tournament
Volunteers
Liponi Foundation
Loyola Academy (Halloween Dance)
Maine South High School
Niles Police Department/Torch Run
Niles West High School
Northridge Prep High School
Park Ridge Police Department
/Torch Run



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